



LUNCH & DINNER MENU

APPETIZERS

Hummus 6

Classic chickpea dip served with grilled pita wedges and fresh cucumber (vegetarian)

Feta Bruschetta 7

Garlic-marinated tomatoes, with feta crumble and fresh basil on grilled pita bread (vegetarian)

Bang Bang Cauliflower 8

Crispy, deep-fried cauliflower tossed in our Spicy Bang Bang sauce and topped with chopped scallions and cilantro (gluten-free, vegetarian)

SEASONAL SOUPS

Freshly handmade and served with fresh multigrain bread 6

Served with a slice of fresh multigrain bread and butter.

Ask about our daily Vegetarian and Meat options

SALADS

Market Fresh Salad 10 Full 5 Side

The freshest veggies from the market with mixed greens, and topped with herb croutons, feta and our maple cider vinaigrette (vegetarian)

Roasted Butternut Squash and Goat Cheese Salad 14

Mixed Greens and fresh vegetables with a warm almond-crusted goat cheese, Butternut squash, herb croutons and dried cranberries served with a balsamic vinaigrette (vegetarian)

Mediterranean Chickpea Salad 10 Full 5 Side

chickpeas, cucumber, sweet peppers, red onion, fresh basil and feta cheese on a bed of greens tossed in a herb and garlic vinaigrette (vegetarian)

Caesar Salad 10 Full 5 Side

Romaine Lettuce, parmesan cheese, crispy bacon and herb croutons tossed in a lemon-garlic-parmesan dressing.

Add sliced roasted chicken breast on any salad add 4

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FRIES AND POUTINE

Herb Seasoned Fries (gluten-free, vegetarian) **6**

Sweet Potato Fries (gluten-free, vegetarian) **8**

Served with Urban Garlic Mayo

Vegetarian Kimchi Fries 10

Our seasoned fries served with our handmade Kimchi and topped with scallions, cilantro and spicy mayo on top of our seasoned fries (gluten-free, vegetarian)

Loaded Taco Fries 12

Cheddar, onions, sweet and hot peppers, black beans and cilantro vinaigrette on top of our seasoned fries (gluten-free, vegetarian)

Brisket Poutine 13

Slow-smoked beef brisket on top of our crispy fries with fresh local curd and marinated onions (gluten-free)

Peking Duck Poutine 13

Chinese Five-Spiced Duck in rich hoisin gravy with cheese curds, spicy mayo, scallions and cilantro on top of our seasoned fries (gluten-free)

Substitute Seasoned Fries to Sweet Potato Fries add 2

SANDWICHES

Grilled Sandwiches come on multigrain, pita or gluten-free bread.

Served with your choice of Soup, Mixed Greens Salad or Fries

For Sweet Potato Fries or Caesar Salad add 2 Add a Side Poutine add 3

Pesto Presto 14

Nut-free pesto, sun-dried tomatoes, red onions, creamy goat cheese, roasted chicken breast

Ali Abubu 14

Curried chicken, corn relish, red onions, sweet peppers and creamy goat cheese

Gourmet Grilled Cheese 14

Aged cheddar, creamy goat cheese and Swiss with sweet peppers, red onions and garlic mayo (vegetarian)

Hawaiian Hamwich 14

Black Forest Ham, mozzarella, red onion, pineapple salsa, hot peppers, maple herb mustard, garlic mayo

The Cubano 14

Citrus-marinated pork, Black forest ham, dill pickle, Swiss cheese, garlic mayo and maple mustard

WRAPS , BURGERS AND MORE !

**Wraps and Burgers are served with your choice of
Soup, Mixed Greens Salad or Fries on the side**

For Sweet Potato Fries, Caesar add 2

For a Side Poutine add 3

Caprese Sandwich 15

Sliced tomatoes, red onions, cucumber, and mozzarella with nut-free basil pesto
Served open faced on fresh multigrain bread (vegetarian)

Adel's Falafel Wrap 15

Crispy seasoned chick pea fritters wrapped in a soft tortilla with tomatoes, mixed greens, marinated onions, hot peppers, feta cheese and spicy Bang Bang sauce (vegetarian)

Thai Chicken Wrap 15

Thai Peanut Chicken wrapped in a soft tortilla with scallions, cucumber, tomatoes, sweet peppers and fresh mixed greens

Urban Burger 17

Grilled and seasoned lean ground beef burger with cheddar, tomatoes, sliced pickles, mixed greens, onions and garlic mayo on a toasted pretzel bun

Mega Mushroom 15

Grilled marinated portobello mushroom, creamy goat cheese, red onions, sweet peppers, mixed greens and garlic mayo on a toasted pretzel bun (vegetarian)

Buttermilk Chicken 17

Crispy fried chicken breast, cheddar, tomato, red onions, mixed greens, garlic mayo and maple herb mustard on a toasted pretzel bun

Bang Bang Chicken 17

Crispy fried marinated chicken breast, with our spicy Bang Bang sauce, red onion, cucumbers, cilantro and Kimchi, on a toasted pretzel bun

DESSERTS & DRESSED UP DRINKS

Ice Cream Sandwiches 8

Your favourite artisan ice cream, gelato or sorbet between 2 cookies

Deep Fried Ice Cream 10

Deep fried, crispy coated vanilla bean ice cream topped with a chocolate drizzle

Ice Cream Floats 8

County Soda Company with your choice of 1 scoop of artisan ice cream

Adult Ice Cream Floats 14

Crazy Uncle Hard Root Beer or Crazy Uncle Hard Cream Soda
with your choice of 1 scoop of artisan ice cream

Milkshakes 8

with 2 scoops of artisan ice cream

Adult Milkshakes 17

with 2 scoops of artisan ice cream and 1.5 oz of alcohol
see our list or create your own!

Affogato 6.5

espresso or hot chocolate poured over a one scoop of our artisan ice cream

See our selection of more delicious treats baked in-house!



theurbancollective.ca

26 Victoria Avenue, Belleville
613-968-1481

Visit our County Scoop Shop
305 Main St. Wellington
open until September 3, 2018



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